

Eyebrow Threading Prep & Aftercare Checklist

Magical Waxing Atlanta · 6 Locations · magicalwaxing.com

Before Your Appointment (24–48 hours prior)

- ☐ Let brow hair grow at least 1/16" (about 2 weeks of regrowth) for a clean thread.
- ☐ Stop tweezing, waxing, or trimming so the technician can see your natural shape.
- ☐ Avoid retinol, glycolic acid, and exfoliants on the brow area for 48 hours.
- ☐ Skip Accutane and prescription retinoids (must be off for 6+ months).
- ☐ Avoid alcohol and excess caffeine the day of — both increase sensitivity.
- ☐ If sensitive, take an OTC pain reliever 30 minutes before your appointment.
- ☐ Bring a reference photo if you want a specific shape.

Day Of: Right Before You Arrive

- ☐ Arrive with a clean, makeup-free brow area (or we'll cleanse it for you).
- ☐ Skip heavy moisturizers and SPF on the brows that morning.
- ☐ Eat a small snack — low blood sugar amplifies discomfort.
- ☐ Plan for a 15-minute appointment.

Immediately After Threading (0–2 hours)

- ☐ Expect mild redness for 30 minutes to 2 hours — totally normal.
- ☐ Apply aloe vera gel or a cold compress to calm the skin.
- ☐ Do NOT touch, rub, or scratch the threaded area.
- ☐ Skip makeup on the brows for at least 4–6 hours.

First 24 Hours

- ☐ No direct sun exposure or tanning beds.
- ☐ No hot showers, saunas, steam rooms, or swimming pools.
- ☐ No workouts or sweating — sweat can irritate freshly opened follicles.
- ☐ Avoid retinol, AHA/BHA, or harsh actives near the brows.
- ☐ Use a gentle, fragrance-free moisturizer after 4–6 hours.

Days 2–7: Maintenance

- ☐ Resume regular skincare gently — reintroduce actives slowly.
- ☐ Apply SPF 30+ daily to prevent post-inflammatory pigmentation.
- ☐ Brush brows daily with a spoolie to train hair growth.
- ☐ Avoid picking at any stray regrowth — let it come in for next visit.

Rebook Reminder

Most clients rebook every **3–4 weeks** to maintain a sharp shape. Set a calendar reminder or call **+1 (478) 345-7777** to schedule.

Service	Price	Duration
Eyebrow Threading	\$15	15 min
Upper Lip Threading	\$8	5 min
Full Face Threading	\$45	30 min

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